Dear Parents,

As a staff we are working very hard at developing in our students, the core values endorsed by the Department of Education across all public schools in NSW. While values are learnt predominantly in the home and modified through relationships and life experiences, we as a school community, are constantly striving to bring out the best in every student through focussing on the following values:

- Honesty
- Excellence
- Respect
- Responsibility
- Cooperation
- Participation
- Care
- Fairness
- Democracy

We are safe, respectful learners.

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### DATES TO REMEMBER

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<thead>
<tr>
<th>Week 6</th>
<th>2(^{nd}) March</th>
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<td>PSSA Round 3</td>
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<th>Week 7</th>
<th>9(^{th}) March</th>
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<td>BASS High School Visit</td>
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<th>Week 8</th>
<th>16(^{th}) March</th>
<th>17(^{th}) March</th>
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<td>SRC Fundraiser Garden Themed Mufti Day</td>
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<td>19(^{th}) March</td>
<td>National day Of Action Against Bullying</td>
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Values are taught explicitly in classrooms and through the activities and relationships of the school and its community. In schools, core values influence how people communicate, work together and make decisions.

Values influence the way students think, speak and behave. During the month of March there will be a very strong focus on the value of ‘Respect’. In all classrooms, the students will be discussing how to be respectful to their teachers and their peers especially in the way they speak, act and think.

We encourage you to continue these conversations with your children at home and trust that by working together, we will achieve a better result.

KIDSMATTER AT WATTAWA

On Tuesday Mrs Manning, Mrs Longbottom and I went to the introductory session of this exciting new Initiative that our school will be part of.

KidsMatter is an Australian mental health and wellbeing initiative set in primary schools and in early childhood education and care services – like preschools, kindergartens and day care centres.

It’s not a program, but a framework that will help our school take care of students’ mental health needs by focusing on:

• creating positive school communities
• teaching children skills for good social and emotional development
• working together with families
• recognising and getting help for children with mental health problems.

KidsMatter is funded by the Australian Government and Beyondblue, and is a partnership between education and health sectors. It was developed by experts - mental health professionals and education and childcare staff - in response to the high rates of school-age children with mental health difficulties and the problems they face getting help.

Research clearly shows that children who are mentally healthy are better able to meet life’s challenges. They are also better learners and have stronger relationships.

Good mental health in childhood lays the foundations for the future, and it is never too early for families to start supporting the mental health of children.
In order for this initiative to be successful we need the support and involvement of families to make sure everyone is working towards the good mental health of children. If you would like to be part of our action team please contact Mrs Comninos at the school.

EXECUTIVE STAFF

If you would like to discuss any social or academic issues relating to your child, your first contact will be with your child’s teacher. If the matter is not resolved you can contact your child’s stage supervisor.

Our Assistant Principals are Mrs Manning, Mrs Comninos and Mrs Morris (Monday). Mrs Azzopardi and Mr Toland are currently relieving for Mrs Morris on Tuesday to Fridays.

PLAYGROUP

Last Friday was the first week of playgroup for 2015. Playgroup offers a perfect opportunity for toddlers to build social skills in a safe and nurturing environment where they can play and learn with their peers. It is also a place where parents and caregivers can support each other through sharing ideas, parenting experiences, concerns and information. At playgroup, families can build long-term friendships as their children grow and transition to school.

Thank you to Ms Afyouni and Ms Rachid for volunteering to organise this very valuable time for both the parents and their children.
COMPASS FAMILY FUN DAY

During the school holidays, Compass will be holding a Family Fun Day at the University of Sydney.

This will be a free event on Tuesday 14\textsuperscript{th} April from 11.30 – 2.30.

There will be some great activities and tours for your family to enjoy.

Complimentary morning tea and lunch will be provided to all families.

There will also be free shuttle buses at Central Station to get you to and from the University.

Please come along and enjoy this day with your children.

SCHOOL UNIFORM

Being respectful also includes wearing our school uniform with pride. We insist that the students come to school in full school uniform every day looking neat and respectable. Sport uniform is only to be worn on Fridays.

Mrs Comninos
Relieving Principal

\textit{We are safe, respectful learners.}
Harmony Day (21st March) celebrates Australia’s cultural diversity. It’s about inclusiveness, respect and a sense of belonging for everyone. In 2015 we celebrate 15 amazing years of Harmony Day.

At Wattawa Heights we are going to celebrate this event on Tuesday 24th March from 12:30 pm - 1:10 pm.

SRC News:

The SRC have organised our first fundraising event for 2015. We will be holding a garden themed mufti day on Thursday 19th March. On this day, all children are to wear bright and colourful clothing or floral print dresses/ clothing for girls and donate a gold coin. All funds raised will go to Sydney Children’s Hospital, Randwick. All students are encouraged to dress up in support of this great cause.

Parents are also welcome to make a donation. You can drop a gold coin into the charity collector’s tin provided at the front office.

Thank you
Mrs Ibrahim

SPORTS NEWS

BASKETBALL

Congratulations to Kadiatu Koroma and Lily Jean Mc Nair on their selection in the Bankstown District basketball team.

BOYS PSSA CRICKET

For the past three weeks the boys at Wattawa Heights have been busy learning new skills for the PSSA cricket competition. The boys are improving every day and our bowling is gaining strength. Our first two games were a great learning experience for the team but unfortunately resulted in losses for both the senior and junior teams. We play against Condell Park during Round 3 on Friday 6th March at Steve Folkes Reserve, Georges Hall. Parents are welcome to come along and support the team.

DISTRICT SWIMMING CARNIVAL

On Monday, 12 students represented Wattawa Heights Public School at the Bankstown District PSSA Swimming Carnival. The students swam really well but more importantly they were the best behaved school at the carnival. It is great to have such wonderful role models at our school.

A huge congratulations to Carina Topalidis for placing 2nd in the final of the 8yrs Girls 50m freestyle and Richie Taki for placing 5th in the final of the 9yrs Boys 50 freestyle final.
# STUDENT AWARDS

## CLASS AWARDS

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<td>Lili El-Chami</td>
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<td>Yusr Tukmajji</td>
<td>Jibril Sabbagh</td>
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<td>Jehad Hijazi</td>
<td>Aisha El Mir</td>
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<td>Mohammed Shehata</td>
<td>Brandon Risteski</td>
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<td>Fatima Khiami</td>
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<td>Ammar Raad</td>
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<td>Abbas Al Assadi</td>
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<td>Ibrahim Alhalaby</td>
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<tr>
<td>Aaliyah Bobbo</td>
<td>Lydia Asaad</td>
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<td>Leana Hassan</td>
<td>Ali El Haddam</td>
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<tr>
<td>Ritchie Taki</td>
<td>Qori Johnson-Sue</td>
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<td>Ayman Zreika</td>
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<td>Jannah assoum</td>
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<td>Serene Lababidi</td>
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NUTRITION - FUELLING THE BRAIN:

Research shows that if children do not get enough sleep, water and good food they will become irritable. They need opportunities to replenish with water and avoid too much sugar (especially at breakfast and in lunchboxes) and ensure a good night’s sleep.

Crunch & Sip is a perfect opportunity for children to refuel on vegetables or fruit and water throughout the day.

DID YOU KNOW VEGETABLES ARE PERFECT FOR CRUNCH AND SIP?

Green beans, cherry tomatoes, cucumber, capsicum and carrots make great Crunch & Sip snacks. Slice vegetables and store in a small container with dip or just plain.

PHYSICAL ACTIVITY

TIME TO GET ACTIVE

Children aged 5-12 years require at least 60 minutes of physical activity every day. It doesn't have to be all at once, it can be accumulated throughout the day.

In addition, it is recommended that use of electronic media like computers, TVs, tablets and gaming devices is limited to 2 hours per day.

For more information: http://www.health.gov/paguidelines/

Please make sure you prioritise play in your children’s day especially outdoor play. You can stop at the park on the way home from school or simply just hang in the yard and let them have some completely unstructured play.

You can join in too!

CRUNCH & SIP:

Please remember to pack a fruit or vegetable snack and a bottle of water for your child’s Crunch & Sip fruit break. This is not only providing children with vital nutrition but it also assists children’s physical and mental performance and concentration in the classroom.

Your enthusiasm and participation in such a program is vital for its success.

We are safe, respectful learners.
We are safe, respectful learners.
We are safe, respectful learners.

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Train The Mind
The Body Will Follow

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YOU JUST GET STRONGER.

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Nurturing the creative spirit, challenging the wondrous mind

WATTAWA HEIGHTS OOSH
UNDER NEW MANAGEMENT
PROGRAMMING IN ACCORDANCE TO MY TIME, OUR PLACE.

Before School Care  After School Care  Vacation Care
6.30am - 8.45am  3pm - 6.30pm  6.30am - 6.30pm

- Programming in accordance to “My time, Our Place”
- Before and after school drop off service (enquire with)
- Qualified and nurturing staff
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- Holiday care enrolling now
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- Halal menu provided

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admin@uniquekidz.net.au
1 The Avenue Bankstown
(located in Wattle Heights Public School)